

## Taking Medication to Japan

If you are unsure about any aspect of importing medicines for personal use into Japan, please contact as soon as possible the Pharmaceutical Inspector's Office closest to your point of arrival in Japan and provide the details listed in 'Necessary Information'.

This office is in charge of what medications can be brought into Japan, they will respond and let you know what is needed, including any procedures that can now be conducted online.

If you are travelling through Narita, you will need to email: [yakkan@mhlw.go.jp](mailto:yakkan@mhlw.go.jp)  
(TEL: +81-48-740-0800), this contact email will also be fine for those arriving in Haneda Airport.

Please check the link below for the PIO contact information of other airports:  
<http://www.mhlw.go.jp/english/policy/health-medical/pharmaceuticals/01.html>

### Necessary Information

1. Name (of the person actually taking the medication to Japan)
2. Name and amount of medication to be taken into Japan (and the active ingredient)
3. Contact details (email and/or fax)
4. Date of arrival in Japan
5. Port of arrival (Narita, Kansai, etc.)
6. Length of stay in Japan
7. Other relevant details

\*For information concerning narcotics, psychotropic medicines, other controlled substances (including ADHD medication), and **application deadlines**, please refer to the following web page:  
<https://www.ncd.mhlw.go.jp/en/application2.html>

All contact can be made in English. The Pharmaceutical Inspector will try to respond to all enquiries as soon as possible. If further approval of a particular medication is necessary, the response time/process may take a little longer.